A form of telehealth, telepsychiatry enables qualified mental health providers to deliver mental health services to individuals living in underserved areas, or to individuals with limited access to services due to mobility, poverty or prison. Telepsychiatry is the use of video conferencing equipment to conduct real time mental health consultation between a clinician and patient. Applications of telepsychiatry can occur in a variety of settings, including:

- Schools
- Military
- Community mental health clinics
- Medical clinics
- Physician practices
- Long term care facilities
- Hospital emergency rooms
- Residential facilities

Telepsychiatry allows mental health providers to reach underserved areas, reduce travel times and expenses, and improve collaboration between providers, families and the patient. Via video conferencing, the mental health provider can:

- Diagnose and assess the patient
- Monitor medication
- Provide individual and group therapy
- Perform forensic and legal evaluations

Reduced patient waiting lists for appointments · Immediate availability of emergency psychiatric assessments and interventions · Patients access to a wider range of experts · Reduced travel time and costs · Reduced care delays · Continuity of care assurance · Stigma reduction
Telepsychiatry is just what it sounds like—Mental Health via live, interactive videoconferencing on your computer. See and talk to a psychiatrist in real time.

Trained clinicians are a scarce resource, especially in emergency, rural, and underserved settings.

We have board certified child and adolescent, adult and geriatric psychiatrists available 24/7, 365 days a year.

Telepsychiatry can expedite assessment, diagnosis, treatment and disposition of patients in a wide variety of settings.

Since 1997, Social Work prn has worked with mental health organizations in the Philadelphia and surrounding areas providing them with qualified mental health workers. As we expanded to the rest of Pennsylvania, we discovered a great need for psychiatric services, but found there was a lack of providers in rural areas. As a result, we founded Arcadian Telepsychiatry to deliver psychiatric care to rural and urban populations, where there are needs for children and adolescents, adult and geriatric psychiatric services.

IS ARCADIAN TELEPSYCHIATRY for you?

Patients shouldn’t have to commute their way to good health.

With Telepsychiatry your patients’ peace of mind is only a computer connection, not a commute, away.

Depression, anxiety, panic attacks, PTSD and marriage problems rarely come with the luxury of time, especially in rural areas.

If your patients:
• Live in a rural area
• Can’t afford to take time off from work to commute to weekly appointments in town
• Have limited financial resources
• Don’t have transportation
• Are unable to drive
• Don’t have access to public transportation
• Are unable to leave their home
• Aren’t allowed to drive due to medical, health, age or mental conditions

Arcadian Telepsychiatry
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